

1. (Currently amended) A fastener, fixture and substrate combination~~fixture for securing a fastener to a substrate~~ comprising:

a fastener having distal extremity and a radially projecting flat proximal extremity for engaging a substrate, said proximal extremity at least partially covered by an adhesive;

a substrate; and

a fixture for securing said fastener to said substrate, said fixture having:

an outer support member including a securing means ~~for temporarily securing said~~ outer support member to a said substrate, said outer support member including a central bore;

an inner retainer ~~for releasably holding an attachment~~ said fastener, said inner retainer telescopically moveable within said outer support's central bore with said outer support member movably supporting said inner retainer for movement ~~of the attachment~~ between a first position wherein said fastener is out of substantial bearing engagement with a said substrate and a second position wherein said fastener is in bearing engagement with a said substrate;

biasing means for biasing said ~~attachment~~ fastener toward ~~the~~ said substrate when

biasing means for biasing said ~~attachment~~ fastener toward the said substrate when ~~said outer support member is affixed to a substrate and said inner retainer is moved to~~ said second position; and

said inner retainer including a stop projecting radially outward from said inner ~~retainer for engaging said outer support member so that said outer support member exerts~~ an upward force upon said inner retainer when said inner retainer is moved to said second position, said stop not engaging said ~~inner retainer~~ outer support member when said inner retainer is in said first position but said stop restricting telescopic movement of said inner retainer relative to said outer support member by engaging said outer support member when said inner retainer is moved to said second position to prevent excessive force and movement by said ~~attachment~~ fastener against the substrate ~~when said inner retainer is~~ moved to said second position to thereby prevent excess adhesive from seeping from between said fastener's proximal extremity and said substrate.

2. (Currently amended) The ~~fixture for securing an attachment to a substrate fastener,~~
fixture and substrate combination of claim 1 wherein:

said outer support member has a proximal extremity and a distal extremity for
engaging a substrate;

said inner retainer includes a proximal extremity and a distal extremity for
releasably holding the attachment; and

said stop radially projects outward from said inner retainer and includes a
shoulder which engages said outer support member's proximal extremity when said inner
retainer is moved to said second position.

3. (Currently amended) The ~~fixture fastener,~~ fixture and substrate combination of claim
2 wherein said fixture is a one-piece construction.

4. (Currently amended) The ~~fixture fastener,~~ fixture and substrate combination of claim
3 wherein said outer support member is connected to said inner retainer by a plurality of flexible
spokes.

5. (Currently amended) The ~~fixture~~ fastener, fixture and substrate combination of claim 2 wherein said fixture is a two-piece construction

6. (Currently amended) The ~~fixture~~ fastener, fixture and substrate combination of claim 1 wherein said biasing means includes an outer beveled edge which projects radially inward from said outer support member and an inner beveled edge which projects outward from said inner retainer, the engagement of said beveled edges locking said inner retainer in said second position..

7. (Currently amended) The ~~fixture for securing an attachment to a substrate~~ fastener, fixture and substrate combination of claim 2 wherein said securing means includes an adhesive tape adhered to said outer support member.

8. (New) A method of affixing a fastener to a substrate comprising the steps of:

providing a substrate, a fastener having distal extremity and a proximal extremity which is at least partially covered by an adhesive, and a fixture for securing the fastener to the substrate;

the fixture having an outer support member including a central bore and a securing means for temporarily securing the outer support member to the substrate, the fixture further having an inner retainer releasably holding the fastener which is telescopically moveable within the outer

support's central bore with the outer support member movably supporting the inner retainer for movement of the inner retainer between a first position and a second position, the fixture further having a biasing means for biasing the fastener when the inner retainer is moved to the second position; and the inner retainer including a stop engaging the outer support member when the inner retainer is moved to the second position, and the stop not engaging the outer support member when the inner retainer is in the first position;

positioning the fastener's securing means against a substrate with the inner retainer positioned in the first position with the fastener's proximal extremity not engaging the substrate;

manually forcing the inner retainer into the second position with the fastener's proximal extremity and adhesive engaging the substrate and the stop restricting telescopic movement of the inner retainer relative to the outer support member by engaging the outer support member to prevent excessive force and movement by the fastener against the substrate to thereby prevent excess adhesive from seeping from between the fastener's proximal extremity and the substrate; and

disengaging the fixture from the fastener and substrate.

9. (New) The method of affixing a fastener to a substrate of claim 8 wherein:

said outer support member has a proximal extremity and a distal extremity for engaging a substrate;

said inner retainer includes a proximal extremity and a distal extremity for releasably holding the fixture; and

said stop radially projects outward from said inner retainer and includes a shoulder which engages said outer support member's proximal extremity when said inner retainer is moved to said second position.

10. (New) The method of affixing a fastener to a substrate of claim 9 wherein said fixture is a one-piece construction.

11. (New) The method of affixing a fastener to a substrate of claim 10 wherein said outer support member is connected to said inner retainer by a plurality of flexible spokes.

12. (New) The method of affixing a fastener to a substrate of claim 9 wherein said fixture is a two-piece construction

13. (New) The method of affixing a fastener to a substrate of claim 8 wherein said biasing means includes an outer beveled edge which projects radially inward from said outer support member and an inner beveled edge which projects outward from said inner retainer, the engagement of said beveled edges locking said inner retainer in said second position..

14. (New) The method of affixing a fastener to a substrate of claim 9 wherein said securing means includes an adhesive tape adhered to said outer support member.